

KURSPLAN

	MONTAG	DIENSTAG	MITTWOCH	DONNERSTAG	FREITAG	SAMSTAG	SONNTAG
09:00 - 10:00	REHA-SPORT 09:15 - 10:00			REHA-SPORT 09:15 - 10:00			
10:00 - 11:00	HOT IRON 10:00 - 11:00	RÜCKENFITNESS 10:00		BEST AGER 10:15 - 11:00	YOBILITY 10:00 - 10:45		
11:00 - 12:00	PHYSIO GYM 11:45 - 12:45	REHA-SPORT 11:00 - 11:45	REHA-SPORT 11:00 - 11:45		REHA-SPORT 11:00 - 11:45	HOT IRON 12:00 - 13:00	
12:00 - 13:00	HOT IRON 12:00 - 13:00					PHYSIOGYM 13:00 - 14:00	
13:00 - 14:00						HOT IRON 14:00 - 15:00	
15:00 - 16:00	REHA-SPORT 16:30 - 17:15		REHA-SPORT 16:30 - 17:15			PHYSIOGYM 15:00 - 16:00	
17:00 - 18:00		WORLD JUMPING 17:45 - 18:30	RÜCKENFITNESS 17:15 - 18:00	REHA-SPORT 17:15 - 18:00			
18:00 - 19:00	WORLD JUMPING 18:15 - 19:00	YOBILITY 18:30 - 19:15	PHYSIOGYM 18:15 - 19:15	YOBILITY 18:15 - 19:00			
19:00 - 20:00	INTENSIV YOGA 19:15 - 20:00	YOBILITY 19:15 - 20:00	HOT IRON 19:15 - 20:15				
20:00 - 21:00	INTENSIV YOGA 20:00 - 20:45		IRON CROSS 20:15 - 21:15				

KURSE FINDEN AB 3 PERSONEN STATT!

KURSPLAN GÜLTIG AB 31.10.2020



